



# Andhra Christian College, Guntur

Affiliated to Acharya Nagarjuna University  
Sambasivapet main road, Guntur -522001, A. P. India  
email:[accollegeguntur@ymail.com](mailto:accollegeguntur@ymail.com) website: [www.accollegeguntur.com](http://www.accollegeguntur.com)



## NATIONAL SERVICE SCHEME

### NOTICE

Date: 20-06-2019

The NSS Units of our college shall observe “**International Yoga Day**” in our college on **21-06-2019** at 10 AM. All the Student & Staff are requested to participate in the programme.

PRINCIPAL  
ANDHRA CHRISTIAN COLLEGE  
(Day, Evening & P.G)  
GUNTUR



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## NATIONAL SERVICE SCHEME

### REPORT

Event : **International Yoga Day**

Date : 21.06.2019

#### **Learning Objectives:**

- a. Generate awareness of the benefit of yoga for a healthy life
- b. Develop basic skill to perform yogasana
- c. Create awareness towards practicing yoga at home for a healthy life during Pandemic phase

#### **Learning Outcomes:**

After completion of the programme, the participants were able to:

- a. Appreciate the benefit of yogasana to connect mind, body and spirit.
- b. Awareness Generation among youth about the benefit of yogasana
- c. Appreciate the relevance of practising yoga.

**Students Participated in International Yoga Day (2019-20)**

Sl. No	Name of the Student	Signature
1	P. Vijaya Kumar	P. vijaya kumar
2	B. Lakshman Naik	B. Lakshman Naik.
3	John Calvin	John calvin
4	M. Vamsi Pratap Reddy	M. vamsi pratap Reddy
5	S. yedukonduru	S. Yedukonduru
6	Sk. Nagoor Basha	Sk. Nagoor Basha.
7	K. Rajesh	K. Rajesh
8	V. Johnson Paul	V. Johnson Paul
9	T. Netaji	T. Netaji
10	K. Sai Manoj	K Sai Manoj
11	K. Mahesh	K. Mahesh
12	K. Hemanth Sai Kumar	K. Hemanth Sai Kumar
13	P. Jaffar Sadik	P. Jaffar Sadik
14	V. Revanth Reddy	V. Revanth Reddy
15	S. Eswaraiah	S. Eswaraiah
16	K. Sai Manoj	K. Sai Manoj
17	G. Bharath Reddy	G. Bharath Reddy
18	I. Lavakusa Reddy	I. Lavakusa Reddy
19	B. Venkata Koteswara Rao	B.V. Koteswara Rao
20	T. Vasantha	T. Vasantha